

STAGE 1 – DESIRED RESULTS	
<p>Unit Title: Introduction to Flag Football</p> <p>Established Goals:</p> <ul style="list-style-type: none"> • Students can demonstrate increasingly mature forms as they relate to complex motor skills. • Demonstrate skill development • Demonstrates increasingly complex physical skills to impact success in various physical activities. • Demonstrate advanced skill application 	
<p>Understandings: <i>Students will understand that...</i></p> <ul style="list-style-type: none"> • Football is a team sport • Team work is important 	<p>Essential Questions:</p> <ul style="list-style-type: none"> • What skills are needed to play football? • What players stand on the line of scrimmage? • Explain the difference between a forward pass vs a lateral pass.
<p>Students will know:</p> <ul style="list-style-type: none"> • How to demonstrate balance and body control while moving at different speeds. • The rules of flag football and how it differs from professional football 	<p>Students will be able to:</p> <ul style="list-style-type: none"> • Students will demonstrate basic and advance skills used to play flag football.

STAGE 2 – ASSESSMENT EVIDENCE	
<p>Performance Tasks:</p> <ul style="list-style-type: none"> • Warm-up activity • Stretching • Passing drills • Running routes 	<p>Other Evidence:</p> <ul style="list-style-type: none"> • Understanding routes and running them correctly • Catching the football with two hands • Being able to move and play with control
<p>Key Criteria:</p> <ul style="list-style-type: none"> • Being a good team mate • Noticeably encouraging and supporting other 	

STAGE 3 – LEARNING PLAN
<p>Summary of Learning Activities:</p> <p>Students will use active learning by being involved in different drills in flag football. Students will also use cooperative learning by working in groups and in teams. The purpose for teaching about flag football is to use teamwork, provide general knowledge of and teach about the game of football, and use safety and features of no contact with the use of flags instead. The other purpose is to get students active and to have fun doing it.</p>